



GOVERNMENT OF GUAM

DEPARTMENT OF PUBLIC HEALTH AND SOCIAL SERVICES  
DIPATTAMENTON SALUT PUPBLEKO YAN SETBISION SUSIAT



EDDIE BAZA CALVO  
GOVERNOR

JAMES W. GILLAN  
DIRECTOR

RAY TENORIO  
LIEUTENANT GOVERNOR

LEO G. CASIL  
DEPUTY DIRECTOR

AUG 15 2013

Honorable Speaker Judith T. Won Pat, Ed.D.  
I Mina'trentai Dos Na Liheslaturan Guåhan  
155 Hesler Place  
Hagatña, Guam 96910

32-13-694  
Office of the Speaker  
Judith T. Won Pat, Ed.D.  
Date: 8/15/13  
Time: 3:25 PM  
Received by: [Signature]

2013 AUG 15 PM 3:32  
[Signature]

Hafa Adai Speaker Won Pat:

**Buenas yan Salada!** Enclosed is the FY 2013 Senior Citizens Month report which includes the expenditures of all funds used for Senior Citizens Month activities, submitted in accordance with Public Law 17-35.

Should you have questions, you may contact Senior Citizens Administrator Arthur U. San Agustin, MHR at 735-7412/7415.

*Senseramente,*

[Signature]  
JAMES W. GILLAN

Enclosure

# Senior Citizens Month Report 2013

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The Department of Public Health and Social Services (DPHSS), Division of Senior Citizens (DSC) coordinated various events for Senior Citizens Month (SCM) 2013, which is observed annually in the month of May. The theme for this year's month long celebration, "*Unleash the Power of Age*," was derived from the official theme for the nation's celebration of Older American's Month 2013, as developed by the U.S. Department of Health & Human Services, Administration on Community Living.

In an effort to plan and coordinate all Senior Citizens Month activities, DSC appointed staff to serve as Chair and a Central Planning Committee (CPC) was created and convened at the office of the Division of Senior Citizens on Tuesday, February 5, 2013. Thereafter, the CPC met on every 1st and 3rd Tuesday of the month through April 16, 2013. Members of the CPC included representatives from government agencies and departments and private and non-profit entities, to include: Catholic Social Service (CSS) – Service Provider for the Case Management Services, Adult Day Care, In-Home Services, and Emergency Receiving Home Programs; Mayors' Council of Guam - Senior Center Operations Program; Fisher and Associates - Legal Assistance Services Provider; Kloppenburg Enterprises, Inc. - Transportation Services Provider; Health Services of the Pacific - National Family Caregiver Support Program Service Provider; 32nd Guam Legislature – Office of the Speaker and the Office of Senator Dennis G. Rodriguez, Jr; Inarajan Mayor's Office; St. Dominic's Senior Care Home; Guam Fire Department; Lions Club International - District 204; Guam Coalition on Sexual Assault and Family Violence; Guam Medical Transport and the DPHSS DSC and Division of Public Health Bureau of Nutrition Services and the Bureau of Family Health and Nursing Services.

The CPC developed a calendar of events, listing eight (8) events, arranged in chronological order by date, activity, sponsoring organization, venue and time. The calendar of events is as follows:

DATE	ACTIVITY	SPONSORING ORGANIZATION	VENUE/TIME
April 26 Friday	Senior Citizens Month Proclamation Signing	Office of the Governor, Department of Public Health & Social Services – Division of Senior Citizens, Mayors' Council of Guam, Inarajan Mayors' Office and the Inarajan Senior Citizen Center Participants.	Inarajan Senior Citizens Center 11:30 a.m. – 1:30 p.m.
May 1 Wednesday	Frail Elderly Mass	Catholic Social Service (CSS)	Mass at Adult Day Care Center, Barrigada Heights; Mass at the ADC Dementia Care Facility, Dededo 10:30 a.m. – 1:00 p.m.
May 8 Wednesday	Centenarian Recognition Celebration	Department of Public Health & Social Service – Division of Senior Citizens, Mayors' Council of Guam, St. Dominic's Senior Care Home	St. Dominic's Senior Care Home, Barrigada Heights 10:00 a.m. – 1:30 p.m.

May 10 Friday	SMP/SHIP -- Volunteer Appreciation Banquet	Department of Public Health and Social Services – Division of Senior Citizens	Guam Marriott Resort & Spa 10:30 a.m. – 1:00 p.m.
May 13 Monday	May Crowning	St. Dominic’s Senior Care Home	St. Dominic’s Senior Care Home, Barrigada Heights 10:30 a.m. – 1:30 p.m.
May 16 Thursday	Legislative Reception	32nd Guam Legislature	Hyatt Regency Hotel 10:00 a.m. – 2:00 p.m.
May 17 Friday	Micronesian Fair	Mayors’ Council of Guam	Ypao Beach Park
May 21/22 Tuesday/ Wednesday	Guam Conference on Aging	Department of Public Health and Social Services – Division of Senior Citizens, the Mayors’ Council of Guam, and the University of Guam	Guam Marriott Resort & Spa ➤ 8:00 a.m. to 9:30 a.m.: Pre-Conference Activity ➤ 9:30 a.m. to 2:30 p.m.: Conference

This year, staff participated in radio talk shows and invited the media to cover events as they unfolded. Provided below is a list of the media coverage for Senior Citizens Month activities:

DATE	MEDIA
February 15/16	Pacific Daily News (PDN) Press Release on the 2013 Centenarian Recognition
April 13	Megamix Radio, Dadaming Pinoy (Interview on SCM by host Roy Adonay)
April 30	KOLG Catholic Education Radio (Interview on SCM by host Tony Diaz)
April 30	Pacific Daily News (Article on the Frail Elderly Mass entitled “Mass for the Elderly to be Held Tomorrow”)
May 1	Marianas Variety News (Article entitled “Open House for Seniors” by Joy White)
May 2	KStereo/Kish Radio (Interview on SCM by host Rosalin Marie Koss)
May 5	Umatuna Si Yu’os (Article on the Frail Elderly Mass entitled “Mass Opens Senior Citizens Month” by Tony C. Diaz)
May 6	News Talk K57, Sorenson Media Group, Patty Arroyo Show (Interview on SCM by host Patty Arroyo)
May 6	KUAM News Extra (Interview on SCM by host Jason Salas)
May 8-31	Centenarian Celebration: Tri-Vision Media Group (Outdoor Television Advertisement)
May 9	KSDA FM Joy 92 with Nelly Joy (Interview on SCM by host Nelly Joy)

May 9	Centenarian Recognition: Pacific Daily News (Guam Recognizes Centenarian by Jonathan Abella)
May 10	Guam Super Shopper Community Calendar (SCM Calendar of Event in print)
May 14	Celebrating Senior Citizens Month: PDN Photo (Image of First Lady Christine Calvo dancing with a senior at the senior center as part of the celebration of senior citizens month.)

DSC also promoted participation of Senior Citizens Month events by displaying outdoor vinyl banners proclaiming the month of May as Senior Citizens Month in the villages of Agat and Dededo, and on a billboard at the Paseo Loop. The Department of Parks and Recreation is recognized for waiving the permit fees associated with the Paseo Loop billboard reservation. A traveling banner was also displayed at each SCM event.

DSC also promoted participation of events, particularly, the Centenarian Recognition Event through the placement of a virtual banner in the web-site (homepage) of the Department of Public Health and Social Services. The banner requested for the public's assistance in identifying centenarians (senior citizens whose primary residence is Guam and turning 100 years old or older in 2013) who would be interested in celebrating their longevity as part of an event for Senior Citizens Month. A call for centenarians issued by the DPHSS through Press Release (PR) 2013-011 was also sent to the media on February 15, 2013.

**HIGHLIGHTS**

Highlights of Senior Citizens Month 2013 were the Proclamation Signing Event, May Crowning, Frail Elderly Mass, Centenarian Recognition Celebration, SMP-SHIP Volunteer Appreciation Banquet, Legislative Reception, Micronesian Fair, and the 2nd Annual Guam Conference on Aging.

**Proclamation Signing**

The Honorable Governor Eddie Baza Calvo and Lt. Governor Ray Tenorio both signed Proclamation 2013-033 at the Inarajan Senior Citizens Center on Friday, April 26, 2013, officially proclaiming the month of May 2013 as Senior Citizens Month. Inarajan Mayor Doris Flores Lujan volunteered to be the honorary Chairperson, while DSC provided support. For the past 8 years, to include this year's event, the proclamation of Senior Citizens Month has taken place at one (1) of the 12 Senior Citizens Centers. The village center designated to host the proclamation event is selected in the



*Photo courtesy of the Division of Senior Citizens, DPHSS  
 2013 Senior Citizens Month Proclamation Signing hosted by Inarajan Senior Citizens Center. Lt. Governor Ray Tenorio, Governor Eddie Baza Calvo, Senator Dennis Rodriguez, Jr., Mayor Doris Flores Lujan and Speaker Judith Won Pat, 32<sup>nd</sup> Guam Legislature are seated at the head table just before the signing of the proclamation.*

order it became a Senior Citizens Center (i.e., Sinajana was the first Senior Citizens Center on Guam, thus in 2006, Proclamation Signing was held at the Sinajana Center; in 2007, the Proclamation Signing was held at the Mangilao Senior Citizens Center, etc.) as illustrated below in Table 1. Senior Citizens Month Proclamation Signing Ceremonies. As the Governor is invited to proclaim Senior Citizens Month at the designated village center, the Senior Citizens Center clients graciously host the Governor and other invited dignitaries and guests. Four (4) of the twelve Senior Citizens Centers remain on the list to host future proclamation signing events.

Table 1. Senior Citizens Month Proclamation Signing Ceremonies.

NO.	SENIOR CITIZENS CENTER	DATE
1.	Sinajana Senior Citizens Center	April 20, 2006
2.	Mangilao Senior Citizens Center	April 19, 2007
3.	Yigo Senior Citizens Center	April 23, 2008
4.	Astumbo Senior Citizens Center	April 30, 2009
5.	Dededo Senior Citizens Center	April 27, 2010
6.	Tamuning Senior Citizens Center	April 27, 2011
7.	Yona/Talofofu Senior Citizens Center	April 24, 2012
8.	Inarajan Senior Citizens Center	April 26, 2013
9.	Agat Senior Citizens Center	TBA
10.	Santa Rita Senior Citizens Center	TBA
11.	Merizo Senior Citizens Center	TBA
12.	Agana Heights Senior Citizens Center	TBA



*In appreciation of having the honor of hosting the 2013 Proclamation Signing Ceremony, Mayor Doris Flores Lujan surprises Governor Eddie Baza Calvo and all those seated at the head table with unique gifts from Inarajan residents to include coconut candy from the Gef Pago Cultural Village.*

This year's proclamation signing event was attended by approximately 150 individuals. Participants from the Inarajan Senior Citizens Center extended invitations to participants from the Yona/Talofofu and the Merizo Senior Citizens Centers to partake in this year's celebration. Additionally, invitations were distributed to the members of the Senior Citizens Centers Executive Council, and various island dignitaries and representatives from the Office of Congresswoman Madeleine Z. Bordallo, the Judiciary, the 32nd Guam Legislature, the Mayors' Council of Guam, members of the Aging Network (Catholic Social Service, Health Services of the Pacific, Fisher and Associates, and Kloppenburg Enterprises, Inc.), DPHSS

staff, invited guests from the military, and family and friends of the Inarajan Senior Citizens Center clients. Governor Calvo urged residents to recognize all of our island's *man'amko* for their contributions and sacrifices, and commended caregivers, volunteers and community organizations for their dedication to our *man'amko*. He also took the opportunity to congratulate the Mayors' Council of Guam on their success managing the island's 12 Senior Citizens Centers. After the proclamation signing, a luncheon was hosted by Mayor Lujan, the Municipality of Inarajan and the Inarajan Senior Citizens Center participants.

The successful production of this year's 2013 Senior Citizens Month Proclamation Signing event is attributed to the well organized planning meetings led by DSC staff, most especially to the generous support and assistance provided by Maria Manglona, Inarajan Senior Citizen Center Recreation Leader; Rosa Urdena, a participant of the Inarajan Senior Citizen Center who donated colored banners and provided all the delicious seafood and desserts; Joe Camacho who baked most of the cakes and pies; Ben Meno who provided his DJ services, and the Historic Inalahan Foundation that provided the gifts for all the dignitaries.

Additionally, the following individuals, agencies, and organizations also supported and contributed to the success of this year's event:

*Senator Dennis G. Rodriguez, Jr., 32nd Guam Legislature • Mayor Melissa B. Savares, Municipality of Dededo • Mayor Joana Margaret C. Blas, Municipality of Asan/Maina • Mayor Carol S. Tayama, Municipality of Agat • Vice-Mayor Agustin Quintanilla, Municipality of Agat • Mayors' Council of Guam • Reverend Father Romeo (Romy) Convocar • Inarajan Fire Department • 2013 Senior Citizens Month Central Planning Committee Members: Guam Medical Transport • Herbie Perez, District Governor, Lions Club International • Faye Vasapolli, President of the Senior Center Executive Council • Rose Calvo, Office of Senator Dennis G. Rodriguez, Jr., 32nd Guam Legislature • Ben Leon Guerrero • David Asanoma • Joseph Manglona • Yvonne Manglona • Jefferey Crisostomo • Vicente Meno • Inarajan Senior Citizens Center Participants and Families to include: Maria Manglona, Inarajan Senior Citizen Center Recreation Leader • Rosa Urdena*

## Frail Elderly Mass

The Frail Elderly Mass is an event hosted annually by Catholic Social Service (CSS). This year, Frail Elderly Masses were held concurrently at both Adult Day Centers, one in Barrigada and the other at the Dementia Care Facility in Dededo on Wednesday, May 1st from 10:30 a.m. to 1:00 p.m. The event included a Catholic Mass, the crowning of the Blessed Mother Mary, a light meal, and an open house so interested individuals may have the opportunity to tour and visit the facility and learn more about the services provided at these facilities. Present at the event were Adult Day Care clients, members of the SCM Central Planning Committee, staff and management of Catholic Social Service, family, friends and interested members of the community.

The Mayors' Council of Guam provided financial support in the amount of \$500 for the Frail Elderly Mass.

## Centenarian Recognition Celebration

The Division of Senior Citizens' Bureau of Administrative Support lead the coordination of this year's *Centenarian Recognition Celebration*. Planning was again made easier this year as Sr. Emelita Cinco, Administrator of St. Dominic's Senior Care Home, provided tremendous support as the event was hosted by and held at St. Dominic's Senior Care Home in Barrigada Heights.

However, this year Health Services of the Pacific (HSP) served as our conduit to engage the support of our local organizations to obtain needed items for the Centenarians and the event. Additionally, HSP and the Mayors' Council of Guam served as co-sponsors as they provided monetary donations, \$500 from HSP and the MCOG provided St. Dominic's with \$1,500 to help with the Centenarian Recognition Celebration and their May Crowning event.

**2013 Centenarians**

This year, seven (7) women were identified to be Centenarians in 2013:

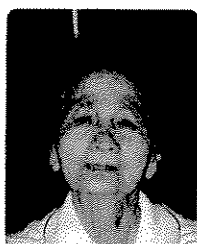
NO.	CENTENARIAN	DATE OF BIRTH	AGE
	<b>Posthumous Recognition:</b>		
1.	Maria Naputi Mantanona†	May 9, 1910 – March 13, 2013	102
2.	Felicidad Almonte Castillo†	October 12, 1912 – February 9, 2013	100
	<b>Surviving Members:</b>		
3.	Preciosa Reyes Ulloa	October 24, 1910	102
4.	Oliva Leon Guerrero Untalan Arroyo	October 27, 1911	101
5.	Irene Fernandez Laygo	September 20, 1912	100
6.	Rita Calvo Artero	June 7, 1913 ( <i>At time of event, Mrs. Artero was 99. At reporting date, she became 100 years of age.</i> )	100
7.	Carmen Navea Mina	December 11, 1913	99



Maria Naputi Mantanona†



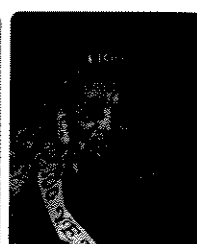
Felicidad Almonte Castillo†



Preciosa Reyes Ulloa



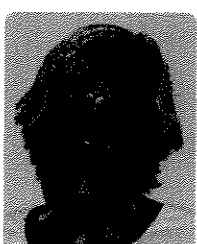
Oliva LG Untalan Arroyo



Irene Fernandez Laygo



Rita Calvo Artero



Carmen Navea Mina

To honor our island's eldest seniors, the *Centenarian Recognition Celebration* was held on Wednesday, May 8, 2013. Scheduled for 10:00 a.m., Mistress of Ceremony Charlene San Nicolas opened the event at 10:30 a.m. soon after the arrival of Governor Eddie B. Calvo.

Although seven (7) Centenarians were being honored, 2 were recognized posthumously, Mrs. Mantanona and Mrs. Castillo; Mrs. Ulloa was not able to make it to the Ceremony; however, her son represented her. Present at the ceremony were: Mrs. Arroyo, Mrs. Artero, Mrs. Mina, and Mrs. Laygo.

Officials present and recognized at the event included Governor Eddie Baza Calvo, First Lady Christine Calvo, Jon Junior Calvo of the Office of Congresswoman Madeleine Z. Bordallo, Senator Dennis Rodriguez Jr, Senator Tina Muna Barnes and Senator Frank Blas Aguon, Jr.; Mayors' Council of Guam representatives: Mayor Doris Flores Lujan of Inarajan and Mayor Rudy Matanane of Yigo.

Brief remarks were provided by Geraldine T. Gumataotao, Event Co-Chair; while the biographies for the Centenarians honored on this day were read by either a representative from the sponsoring organization or a Division of Senior Citizens staff. The special blessing was provided by his Excellency Archbishop Anthony S. Apuron. Governor Eddie B. Calvo delivered brief remarks and participated in the Iconic Gift presentation with Senior Citizens Administrator Arthur U. San Agustin. A fresh orchid lei from First lady Christine Calvo donated by the Asahi Association of Guam was presented to the 5 honorees or their representative present at this event. Mr. Jon Junior Calvo of the Office of the Congresswoman issued Congressional Certificates of Recognition to the Centenarians; thereafter were legislative resolutions presented by Senators Dennis Rodriguez and Tina Muna Barnes and Frank Blas Aguon, Jr.



An iconic crystal vase mounted on rosewood, engraved with the name of the Centenarian and identifying those who contributed to the event was presented to each Centenarian. In addition, gifts donated by various groups were also presented to the Centenarians.



After the presentations, the President of the Palau Community Association of Guam, Mr. Davis Tevid, assisted by DSC's Evelyn Cruz and Joleen Almandres carted out the three-tiered celebratory cake with three (3) lit candles displaying 100, while Jesse Bias and Ruby Santos began singing "Happy Birthday" and everyone joining along. As there were many sponsors during the event, closing was done by Emcee San Nicolas. Finally, Archbishop Apuron led the prayer before meals as a luncheon was provided for all those in attendance.

### **Items Received by Centenarians**

Iconic Crystal Vase  
Certificate of Congressional Recognition  
Legislative Resolution  
Orchid Lei  
Gifts



### **Gift Sponsors**

This year, we were fortunate to have organizations volunteer to sponsor a Centenarian. Through HSP, we were also able to connect with Radhi's that provided the wreaths for the two Centenarians honored posthumously.





This year's gift sponsors included the following:

- The two wreaths which were provided by Radhi's One Stop Fabric Shop were for the posthumous recognition of Mrs. Mantanona and Mrs. Castillo.
- The gift sponsor for Mrs. Ulloa was Ms. Herbie Perez, District Governor, Lions Club International, District 204.
- The gift sponsor for Mrs. Arroyo was the Guam Medical Transport.
- The gift sponsor for Mrs. Laygo was the Guam Sunshine Lions Club.
- The gift sponsor for Mrs. Artero was Senator Dennis G. Rodriguez, Jr.
- The gift sponsor for Mrs. Mina was the Iloilo International.

Senator Rodriguez also provided additional gifts for all the Centenarians with St. Dominic's and Health Services of the Pacific providing additional gifts to the surviving Centenarians.

The iconic gift was made possible with contributions from Kloppenburg Enterprises, Inc. and Cost-U-Less.

The celebratory cake and the leis were provided by the Palau Community Association of Guam and the Asahi Association of Guam, who have committed to providing these items annually.

### **Venue**

Having the Centenarian Recognition Celebration held at St. Dominics' Senior Care Home was convenient as the Division had very little to set up prior to the event. St. Dominics provided the tables, table covers, table decoration, chairs, flowers and balloons with additional chairs provided by the Pacific War Museum Foundation.

### **Menu**

Although Sr. Emelita Cinco catered the event, additional food items were provided by Curry Kebab, desserts from Guam Bakery and Pomika Sales, and water from Herbie Perez, Jay Solang and Foremost Coca Cola.

### **Special Thanks**

Special thanks to the following that contributed and supported this year's celebration:

*Governor and Mrs. Eddie B. Calvo • Archbishop Anthony S. Apuron • Asahi Association of Guam • Congresswoman Madeleine Z. Bordallo • Cost U Less • Curry Kebab • Guam Bakery • Guam Fire Department • Guam Medical Transport • Herbie Perez, District Governor, Lions Club International, District 204 • Health Services of the Pacific • Iloilo International • Jay Solang • Jesse Bias and Ruby A. Santos • Kloppenburg Enterprises, Inc. • Mayors' Council of Guam • Office of Speaker Judith T. Won Pat • Pacific War Museum Foundation • Palau Community Association of Guam • POMIKA Sales • Radhi's One Stop Fabric Shop • St. Dominic's Senior Care Home • Senator Dennis G. Rodriguez, Jr. • Guam Sunshine Lions Club • Tri Vision Media Group LLC • Foremost Coca Cola*

## SHIP/SMP Volunteer Appreciation Banquet

On May 10, 2013, the Guam Senior Medicare Patrol Project (SMP) and the Guam State Health Insurance Assistance Program (SHIP) sponsored the Volunteer Appreciation Banquet held at the Guam Marriott Resort and Spa from 10:30 a.m. to 1:00 p.m. to recognize Program/Project Volunteers and Partners for their contributions to the Program/Project and to the island's Medicare beneficiaries. Volunteers honored for contributions made during this grant period include: Lourdes S. Babauta; Rodolfo V. Colet; Romolo L. Pellacani; Frederica F. Santos; Cereza R. Dauterman; Corazon A. Rebanal; Venancia R. Colet; Hilda M. Pellacani; and Alda Sapp. All volunteers received a Certificate of Recognition and a volunteer gift. Four of the 9 volunteers, Ms. Babauta, Mr. Colet, Mr. Pellacani and Mrs. Santos, were given acrylic *Distinguished Volunteers Recognition Awards* for their significant contributions to the Project in the area of either one-on-one counseling or outreach activities.

Partners recognized during the event for efforts contributed during this grant period included: the Dialysis Centers (Guam Renal Care, Guam Dialysis Center, Renal Centers of Guam, and Tumon Kidney Center); Title III Aging Case Management Services Program, Catholic Social Service; Social Security Administration, Guam District Office; Bureau of Health Care Financing Administration, DPHSS; Guam Memorial Hospital Authority, Skilled Nursing Unit; Bureau of Adult Protective Services, DPHSS/DSC; Government of Guam Retirement Fund; Department of Revenue and Taxation; American Association of Retired Persons, Guam Chapter 4837; Calvo's SelectCare; Guam Veterans Affairs Office; Guam Developmental Disabilities Council; Title III Aging Senior Center Operations Program, Mayors' Council of Guam; and the Agat Mayor's Office. All partners were given Certificates of Recognition, acrylic awards and a gift.

Certificates of Recognition and a gift were also given to each Title III Case Management Services (CMS) Program staff as they have been assisting the Project by informing the frail homebound seniors, their families or caretakers about Medicare and Guam SMP services. Of the 17 recognized, 2 CMS Program staff were given an acrylic *Distinguished Partnership Recognition Award* as the number of individuals they provided information and/or assistance to were significant, with one yielding 106 and the other 117 out of 565 client contacts for the period October 1, 2012 through May 9, 2013.

## May Crowning

The May Crowning event, hosted by St. Dominic Senior Care Home, was held on Monday, May 13th at the St. Dominic's Senior Care Home in Barrigada from 10:30 a.m. to 1:30 p.m. The event included a Catholic mass and a presentation of a floral bouquet to the Blessed Mother. A total of 170 seniors from the various senior citizens centers participated in the event.

The Mayors' Council of Guam provided financial support to St. Dominic's in the amount of \$1,500 to be used in support of the May Crowning Event and the Centenarian Recognition Celebration.

## Legislative Reception

On May 16, 2013, the 32nd Guam Legislature hosted the annual Legislative Reception for our island's senior citizens at the Hyatt Regency Hotel from 10:00 a.m. to 2:00 p.m. Coordination for this event was led by Vince Arriola from the Office of Speaker Judith WonPat and Rose Calvo from the Office of Senator Dennis



Rodriguez, Jr. The event featured raffle drawings, give-aways, dancing to the music of a live band and a photo booth where groups or individuals could have their photos taken to remember this event. It was a fun day for the seniors. Over 600 participated in the event, of which 520 were senior citizens, of whom 507 were from the senior citizens centers.

## Micronesian Fair

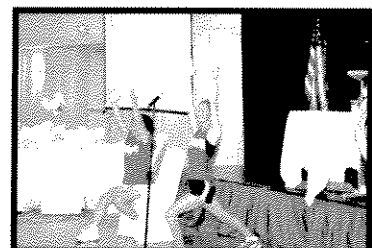
On May 17, 2013, the Mayors' Council of Guam hosted the senior citizens center participants to a day at the Micronesian Fair held at Ypao Beach Park. A total of 460 seniors had the opportunity to enjoy island music by local artists, such as Jesse and Ruby, as well as local cuisine. The MCOG also arranged for the transportation of the center participants to this event as field-trips are not included in the current senior transportation services program agreement due to funding limitations.

## 2<sup>nd</sup> Annual Guam Conference on Aging

The 2<sup>nd</sup> Annual Guam Conference on Aging and Disease Prevention Health Promotion Fair was sponsored by the Department of Public Health and Social Services Division of Senior Citizens (DPHSS-DSC) Guam Senior Medicare Patrol Project, DPHSS-DSC Guam State Health Insurance Assistance Program, DPHSS-DSC Bureau of Adult Protective Services, University of Guam-Cooperative Extension Service, and the Mayors' Council of Guam.

This event was held at the Guam Marriott Resort & Spa Guam on May 21 & 22, 2013 from 8:00 a.m. – 2:30 p.m. with Mrs. Faye Vasapolli serving as the Mistress of Ceremony. Mrs. Vasapolli is the President of Senior Center Executive Council and President of the Yona/Talofofa Senior Citizens Center.

The program for each day was identical to allow a majority of the seniors the opportunity to attend the event. It included fitness sessions, presentations, exhibitors, health screening, food sampling and demonstrations, gardening and technology for seniors, raffle drawing and games.



A total of six hundred fifty two (652) participants attended the event, as follows:

<b>PARTICIPANT DESCRIPTION</b>	<b>COUNT</b>
Senior Center Participants (May 21: 279 participant count; May 22: 222 participant count)	501
Other Participants age 60+ (includes general public participants, dignitaries, exhibitors, presenters, volunteers 60 years of age or older)	44
<b>Total 60+ Participant Count</b>	<b>545</b>
Underage Senior Center Participant Pre-Registered Attendee	3
Presenters, exhibitors, health screeners, volunteers less than 60 years of age	104
<b>Total Participant Count</b>	<b>652</b>

The morning program included fitness sessions on Zumba Gold and Yoga Stretch which were lead by Hilary Beyrer, Rebecca Davis and Eileen Rivera of Guam International Sports Center for the “early birds”. This was followed by the National Anthem and Guam Hymn sung by Mr. Raul Garrido.

The morning presentation commenced with “Estate Planning” by Attorney Sinforoso “Rossi” Tolentino from Carlsmith Ball LLP followed by one (1) concurrent session on “Disaster Preparedness for Seniors” by Ginger Porter of the University of Guam, CEDDERS and “Guam Diabetes Project” by Glynis Almonte and Jina Rojas with Mountain-Pacific Quality Health.

The afternoon presentation consisted of the following concurrent sessions: “Physical Wellness: Let Food be Your Medicine” by Dr. Edwin J. Supit, M.D. and “EmPowering Tomorrows Seniors: Mitigate Guam’s Crisis on Non-Communicable Disease” with Patrick Luces from DPHSS; “Financial Wellness” by Alexandra Taitano from Bank of Guam and “Protect, Detect, and Report Medicare Errors” by Maria Blaz from DPHSS-DSC; and “Mental Wellness” by Florence Blas and “Wound Care- Taking Care of Wounds” by Dr. Edna Acuña with Health Services of the Pacific.

Health Screening was an on-going activity and included blood pressure, body mass index and counseling provided by the assistance of the Department of Public Health and Social Services Division of Public Health Bureau of Nutrition Services and Bureau of Family Health and Nursing Services and students and their instructor from the Guam Community College Medical Assistance Program. A total of 184 seniors were screened and 34 seniors received counseling services for elevated readings.

The University of Guam’s, Cooperative Extension Service provided on-going activities which included: “Farm to Table - Food Sampling Demonstrations”, “Gardening for Seniors - Tips and Recommendations for Easy Gardening for Seniors” and “Technology for Seniors - Using Technology to Promote Mind Stimulation and Physical Activity”.

There were (20) governmental, non-profit and private organizations who participated as exhibitors, sharing program and product information that would benefit and engage seniors to remain active in their communities which included:

Government of Guam:

- Department of Integrated Services for Individuals with Disabilities – Division of Vocational Rehabilitation and Aging and Disabilities Resource Center Project
- Department of Labor – Senior Community Service Employment Program and Disabled Veteran’s Outreach Program
- Department of Public Health and Social Services – Division of Public Health Comprehensive Cancer Control Program, Tobacco Prevention and Control Program, and Diabetes Prevention and Control Program
- Department of Public Health and Social Services – Division of Public Welfare - Supplemental Nutrition Assistance Program, Public Assistance Program, Medicaid and MIP
- Department of Public Health and Social Services – Division of Senior Citizens
- Guam Housing and Urban Renewal Authority (GHURA)
- Guam Small Business Development Center
- Guam System for Assistive Technology (GSAT), UOG

Federal Government:

- U.S. Veterans Affairs

Non-Profit:

- American Association of Retired Persons
- GovGuam Association of Retire Persons
- Guam Coalition Against Sexual Assault and Family Violence
- Guam Legal Services Corporation – Disability Law Center
- St. Dominic’s Senior Care Home

Private:

- ADIO Chiropractic Center
- Isla Chiropractic Clinic
- Mountain-Pacific Quality Health

Aging Program Service Providers:

- Catholic Social Service
- Fisher & Associates
- Health Services of the Pacific



Raffle drawing and games were also held throughout the day. A dance contest among the early bird senior participants was also held on May 22, 2013. Through our partnership with the Guam Coalition Against Sexual Assault and Family Violence, we were able to provide raffle and game prizes compliments of:

- Bank of Guam
- Curry Kebab
- National Office Supply
- Pacific Tyre

An anonymous sponsor also donated two (2) Pay-Less Supermarket gift certificates.

Medical Assistance was provided by the Guam Fire Department in partnership with Guam Medical Transport and the Department of Public Health and Social Services Bureau of Family Health and Nursing Services.

## Senior Citizens Month 2013 Expenditures

Although there was funding identified for Senior Citizens Month, the identified funds were instead used to meet unanticipated program expenses; however, the DSC was able to identify funds under the Adult Protective Services (APS) account that was used to pay for one of the two-day Guam Conference on Aging. The other day was funded using other sources which include the UOG-Cooperative Extension Services (CES) Program using 100% Federal funds through the Disease Prevention Health Promotion Program and funding provided by the Mayors' Council of Guam (MCOG). Surplus supplies from what was available within DSC were used to support the event. The Senior Medicare Patrol Project funded their SMP Program Volunteer Appreciation Banquet using 100% Federal funds.

Thus, the following is a breakdown of the costs associated with hosting SCM:

DESCRIPTION OF ACTIVITY	PAYEE	COST	FUNDING SOURCE
Hotel Venue for Guam Conference on Aging, Purchase Order #P136A03752	Guam Marriott Resort & Spa	\$11,100	Division of Senior Citizens – Adult Protective Services
Hotel Venue for GCOA (100% Federal)	Guam Marriott Resort & Spa	10,000	University of Guam – Cooperative Extension Services
Hotel Venue for GCOA	Guam Marriott Resort & Spa	1,250	Mayors' Council of Guam
Hotel Venue for SMP Volunteer Appreciation Banquet, Purchase Order #P136A02291 (100% Federal)	Guam Marriott Resort & Spa	1,320	Division of Senior Citizens – Senior Medicare Patrol Project
<b>TOTAL COSTS</b>		<b>\$23,670</b>	

## Conclusion

The 2013 Senior Citizens Month theme, *“Unleash the Power of Age,”* reminds us that our manamko are productive, active and influential members of society, sharing essential talents, wisdom, and life experiences with their families, friends, and neighbors and encourages us to continue to provide our seniors with the opportunities to continue to flourish in our community.

The SCM activities would not have been possible without the support and collaboration from government, private and non-profit organizations, home and health care organizations and

businesses, and Aging Network service providers and vendors. Each SCM event involved a tremendous amount of planning and coordination to achieve this year's successful celebration, as evident by our networking capacity to increase event coordination and sponsorship.

The DSC staff conducted a debriefing after the Proclamation Signing, Centenarian Recognition Celebration and GCOA, and the CPC members held a SCM close-out meeting on June 18, 2013 to share their successes, challenges, and to make recommendations to improve their planning of their respective events for next year's celebration. As a Committee, we plan on convening in late January or early February 2014 giving all our members' sufficient time to prepare for their events.

The DSC is fully committed to celebrating next year's Senior Citizen's Month while we continue to be of service to *I Mañaina-ta* and ensuring they continue to receive services they need and most assuredly deserve. The DSC looks forward to the continued collaboration with the Guam Legislature and several other key partners such as, the Mayors' Council of Guam, Office of the Governor, Office of the Congresswoman, St. Dominic's Senior Care Home, Guam Fire Department, the Guam Medical Transport, Lions Club International, and aging service providers and vendors, as we celebrate Senior Citizen's Month in May 2014. ***Biba Manamko!***



2013 Senior Citizens Month Central Planning Committee

Seated: Kavita Hemlani Ré (Health Services of the Pacific-National Family Caregiver Support Program), Juanita Camacho (Kloppenbergs Enterprises Inc.-Transportation Services Program), Evelyn Cruz (Division of Senior Citizens [DSC]), Fe Vasapolli (Yona/Talofof President, SCEC President, Senior Citizens Centers and Fisher and Associates Advisory Board Member-Legal Assistance Services Program), Geraldine Gumataotao (Senior Citizens Month Chairperson, DSC), Joleen Almandres (DSC), Second Row: Joey Charfauros (Mayors' Council of Guam (MCOG)-Senior Citizens Center Operations [SCO]), Charlene San Nicolas (DSC), Mathi Mathews (DSC), Claire Virata (DSC), George Mesa (Guam Medical Transport), Capt. Daren Burrier (Guam Fire Department), John Palomo (MCOG-SCO), Third Row: Jay Solang (MCOG-SCO), Frank Limtiaco (DSC), Albert Silos (DSC), Vince Arriola (32<sup>nd</sup> Guam Legislature, Office of Speaker Won Pat), Arthur U. San Agustin (DSC), Ricky Duenas (DSC). Not pictured are: Inarajan Mayor Doris Flores Lujan, Sr. Emelita Cinco (St. Dominic's Senior Care Home), Herbie Perez (District Governor, Lions Club International - District 204), Julie Perez (Catholic Social Service), Mike Garrido (Kloppenbergs Enterprises, Inc.), Rose Calvo (Office of Senator Dennis G. Rodriguez), PeterJohn Camacho (Guam Coalition on Sexual Assault and Family Violence), Arcy Castillo (Bureau of Nutrition Services, Division of Public Health), Jeanette Gomez (DSC), Monica Untalan (DSC), and Maria Blaz (DSC).